## **Absolute NOs**



## **No Quotes**

Attachment Security in Infancy and Early Adulthood: A Twenty-Year Longitudinal Study

Everett Waters, Susan Merrick, Dominique Treboux, Judith Crowell, and Logh Albersheim

No first names of authors or titles of articles

Stability of Attachment Representations: The Transition to Marriage

Judith A. Crowell, Dominique Treboux, and Everett Waters
State University of New York at Stony Brook

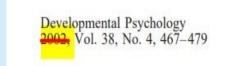
No names of institutional affiliations



## No contractions



"this" needs to be followed by a noun. This hypothesis means.... or these findings mean.....



The year refers to the publication date not when the study was conducted. In 2002, Crowell and colleagues did a study should read Crowell and colleagues (2002) did a study....



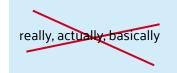
**Do not use casual or informal language**. Never use one as a synonym for people (as in "one would imagine"), or the words you, thing, or something; avoid slang word and phrases ("24/7," "it's not black and white," "hookup").



**Do not use "flowery" or complex words.** Never use a thesaurus when writing psychology papers; avoid superlatives (incredible, fantastic, amazing).



**Do not use biased language.** Use inclusive terms (humankind, he or she) rather than the generic masculine (mankind, he), and use "people-first" language: participants rather than subjects, "gay men and lesbians" rather than homosexuals, "older adults" vs. "the elderly," "patients with bipolar disorder" rather than "bipolar people."



**Do not use unnecessary words.** Say first instead of "first of all," specifically instead of "more specifically," and omit words such as really, actually, basically